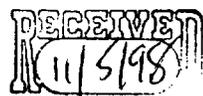




Oregon's Wild Harvest DEC -1 P.1:52

October 13, 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street
Washington, D.C. 20204



Notification of Statements
of Nutritional Support

This notification is filed pursuant to section 403 (r) (6) of the federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C . ss 343 (r) (6). Please see attachment for a listing of dietary supplements and corresponding statements of nutritional support.

These statements are being accompanied by the required disclaimer pursuant to Section 403 (r)(6)(C) of the Act.

Statements of nutritional support are based on data which render these statements substantiated, truthful and non-misleading.

Two copies of this letter and its attachment are enclosed.

Sincerely,

Randal R Buresh
President

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| Dietary Supplement | Brand Name | Statement of Nutritional Support |
|-------------------------------------|---|---|
| Dong Quai | Natural Choices Dong Quai | Nutritional support for the healthy female |
| Echinacea angustifolia, E. purpurea | Natural Choices Echinacea Purpurea | Nutritional support for the body's natural defense system |
| Echinacea angustifolia, E. purpurea | Natural Choices Echinacea with Zinc and C | Nutritional support for the body's natural defense system |
| Garlic | Natural Choices Garlic | Nutritional support for a healthy circulatory system |
| Goldenseal | Natural Choices Goldenseal | Nutritional support for mucous membranes including sinus |
| Milk Thistle Seed | Natural Choices Milk Thistle Seed | Nutritional support for healthy liver functions |
| Saw Palmetto Berry | Natural Choices Saw Palmetto | Nutritional support for a healthy prostate |
| St. Johns Wort | Natural Choices St. Johns Wort | Nutritional mood support |
| | Oregon's Wild Harvest | |
| Cascara Sagrada | Cascara Sagrada | Supports Bowel Function |
| Cranberry fruit | Cranberry fruit | Urinary tract support |
| Dong Quai Root | Dong Quai Root | Support for the healthy female |
| Garlic | Garlic | Support for Cardiovascular system |
| Ginkgo biloba | Ginkgo biloba | Support for mental clarity |
| Goldenseal | Goldenseal Root | Nutritional support for mucous membranes including sinus |
| Saw Palmetto Berry | Saw Palmetto Berry | Nutritional support for prostate |
| St. John's Wort | St. John's Wort | Nutritional Mood Support |
| Valerian Root | Valerian Root | Promotes rest and relaxation |
| Bromelian | Bromelain Supreme | Joint and connective tissue support |
| Dong Quai, Chaste Tree Berry | Dong Quai Wild Yam | Supports healthy female cycles |
| Echinacea angustifolia, Goldenseal | Echinacea Goldenseal | Seasonal Support for Sinus and Immune systems |
| American & Siberian Ginseng root | Ginseng Supreme | Nutritional support for vitality |
| Milk thistle seed and extract | Milk Thistle Supreme | Liver support |
| Echinacea angustifolia | Premium Echinacea | Immune system support |
| Saw Palmetto Berry | Saw Palmetto Supreme | Nutritional support for prostate |
| Valerian Root | Valerian Supreme | Promotes Rest and relaxation |
| Milk thistle seed and extract | Dandelion Milk Thistle Extract | Liver support |
| Echinacia angustifolia | Echinacea Goldenseal Fresh Extract | Immune system support |
| Echinacia angustifolia | Premium Echinacea | Immune system support |
| Gingko | Ginkgo Gotu Kola extract | Memory support |
| Saw Palmetto Berry | Saw Palmetto Compound Extract | Prostate support |
| Valerian Root | Valerian Supreme | Supports restful sleep |
| Valerian Root | Valerian Plus | Relaxation Support |
| Elecampane | Compound Elixir of Horehound | Nutritional Respiratory Support |
| Marshmallow Root | Stomach health | Supports digestive balance |

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| | | |
| | Great Northwest Herb Company | |
| Garlic bulb | Garlic | Support for cardiovascular system |
| Ginkgo biloba | Ginkgo biloba | Support for mental clarity |
| Goldenseal | Goldenseal | Nutritional support for mucous membranes |
| St. John's Wort | St. John's Wort | Nutritional Mood Support |
| Valerian Root | Valerian Root | Promotes rest and relaxation |
| Bromelian | Bromelian Compound | Joint & Connective Tissue Support |
| Dong Quai, Chaste Tree Berry | Dong Quai Compound | Supports healthy female cycles |
| Hawthorn | Hawthorn Compound | Helps maintain cardiovascular health |
| Milk Thistle Seed Powder & Extract | Milk Thistle Compound | Healthy liver support |
| Saw Palmetto Berry | Saw Palmetto Compound | Nutritional support for prostate |
| Milk Thistle | Dandelion Milk Thistle | Liver Support |
| Echinacea angustifolia | Echinacea Goldenseal | Immune support |
| Echinacea angustifolia, E purpurea | Premium Echinacea | Immune support |
| Ginkgo biloba | Ginkgo Gotu Kola | Memory support |
| Saw Palmetto | Saw Palmetto Compound | Prostate support |
| Valerian Root | Valerian plus | Relaxation support |
| Valerian Root | Valerian Supreme | Supports restful sleep |
| | Helen's Health | |
| Dong Quai Root | Dong Quai Root | Support for a healthy female cycle |
| Garlic | Garlic | Cardiovascular support |
| Gotu Kola | Gotu Kola | Support for mental clarity |
| Valerian Root | Valerian Root | Promotes rest and relaxation |
| Bromeline | Bromelian Supreme | Joint & Connective Tissue Support |
| | Echinacea Goldenseal with vitamin C | Seasonal Support for sinus and the body's Natural Defense system |
| Saw Palmetto | Saw Palmetto Supreme | Nutritional support for prostate |
| Valerian Root | Valerian Supreme | Promotes rest and relaxation |
| | Vitamin Villa | |
| Elecampane | Compound Elixir of Horehound | Nutritional Respiratory Support |
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